

# Earn a FREE Weekday Pass to Raging Waves Waterpark this Summer!



**Three easy steps for kids in Kindergarten through 8th grade to get started:**

**Step 1:** Ask your teacher (or your PE teacher) for a fitness log and start keeping track of your exercise starting February 13th. Color in one item on the fitness log for every 30 minutes you exercise.

**Step 2:** After you have completed 25 hours of exercise, turn in your completed fitness log to your teacher by April 10th. Don't forget to have mom and dad sign it!

**Step 3:** You may get your free Raging Waves Weekday Pass from your teacher before the end of May. Come out to Raging Waves on any non-holiday weekday and bring your parents, friends, brothers, sisters, and grandparents!

**Join the "Plunge Into Fitness" program today. It's simple... and fun!**



**February 13 - April 10**

**Exercise 30 minutes per day for a total of 25 hours. You can do any kind of exercise: walking, biking, playing team sports, swimming, skateboarding, jumping rope....**

[ragingwaves.com](http://ragingwaves.com)

Located South of I-88 on IL Rt. 47 in Yorkville