



In partnership with District 96 PTO and PTAs,  
District 96 welcomes back:

**FREE and  
open to the  
community**

**Award Winning Author and Speaker**

# **CARRIE GOLDMAN**

## **SOCIAL MEDIA & RISKY BEHAVIORS: HOW TO MAKE BETTER CHOICES**

Join Carrie Goldman as she addresses the tricky topic of dealing with kids and the impulsive decisions they make using social media.

### **Topics Include:**

- How to use social media with emotional intelligence
- Screen addiction and strategies you can use
- Social anxiety and social media behaviors
- Aggression and cyberbullying
- Impulsiveness online
- Understanding the herd mentality that drives viral videos and behaviors and learning to think as an independent person outside the pressure of the group
- Teaching bystanders to act as witnesses and allies when they see friends making poor choices.
- How to use restorative responses to misbehaviors

# **OCTOBER 10 AT 7:00 PM**

**Hauser Jr. High School LRC  
65 Woodside Road Riverside, IL**

Please RSVP at: [bit.ly/d96rsvp](https://bit.ly/d96rsvp)